

Nipple and Areola Reconstruction

The nipple and the areola (coloured area around the nipple) often have to be removed in the surgical treatment of breast cancer. Fortunately, there are techniques which enable us to reconstruct the nipple and the areola (also known as the nipple areola complex).

The nipple is reconstructed using the skin of the breast. The areola can be reconstructed either using the darker skin from the groin, or by tattooing.

QUESTIONS YOU MAY WANT TO ASK DURING THE CONSULTATION:

How does the reconstructed nipple feel?

What sensation will I have with the reconstructed nipple? Will it respond and be aroused to touch?

INFORMATION ABOUT THE PROCEDURE:

Duration of case: 40 minutes

General Anaesthesia or local anaesthesia required

It can be done as an inpatient or outpatient setting

Post-operative recovery approximately 5-7 days

No physical activity/sport for approximately 2 weeks

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